



Dear Susan,

It's a gut-wrenching decision that mothers in the world's poorest countries make every single day... "Do I feed my family, or buy medicine for my sick baby?" With your help, these women can do both.

[This Mother's Day, give a gift that lasts all year... Become a Lasting Change Partner](#) and help ensure that no mother has to make such heartbreaking choices.

Lasting Change Partners provide Freedom from Hunger with the reliable monthly income we need to sustain vital programs such as *Credit with Education* and *Saving for Change*. These programs give women access to the tools they need to attain financial self-sufficiency and to care for their families.

In our 63-year history, we've impacted countless lives and at this very moment our programs are changing the lives of over 11 million people!

Thanks to the generosity of our Lasting Change Partners, our sustainable solutions reach more and more mothers every day—mothers who desperately want to build brighter futures for their children. Imagine the impact your monthly gift of \$10, \$25, or even \$50 will make over the course of a year!

[As you prepare to celebrate the women in your life, please become a Lasting Change Partner.](#) Your ongoing support will help equip impoverished women all year long with the skills, resources, and courage they need to break their families free from chronic hunger and poverty.

Because no mother should have to choose between food and medicine.

Chris Dunford
President

P.S. This Mother's Day, [please send a Freedom from Hunger Mother's Day eCard.](#) Your gift will celebrate mothers around the world by helping them feed their families and buy lifesaving medicine.



Food or Medicine?

Choices no mother should have to make. [Become a Lasting Change Partner](#) and we'll mail a beautiful [Mother's Day gift card to the person you honor!](#)

Become a monthly donor